



# SELF-INJECTION TRAINING GUIDE

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FOR THE PEGASYS PROCLICK™ AUTOINJECTOR

Please see page 7 and back cover for indication and Important Safety Information including Boxed WARNINGS. Please see full Prescribing Information and patient Medication Guide for additional Important Safety Information.

  
**PEGASYS**®  
(Peginterferon alfa-2a) FOR INJECTION

# INTRODUCTION

Before you inject, please read the Medication Guide that comes with PEGASYS® (peginterferon alfa-2a) for the most important information you need to know about PEGASYS. Be sure that you read, understand, and follow these Instructions for Use before injecting PEGASYS.

Your healthcare provider should show you how to prepare and use your PEGASYS ProClick™ Autoinjector properly before you use it for the first time. Ask your healthcare provider if you have any questions.

This guide explains the patient self-injection steps for the PEGASYS ProClick™ Autoinjector. It is not for any other device or medication.

This guide does not replace any instructions you may have received from your healthcare provider. If you have any questions, please contact your healthcare provider.

Before using the PEGASYS ProClick™, collect all of the supplies that you will need to inject a dose of PEGASYS. You will need the following supplies:

- 1 PEGASYS ProClick™ single-use autoinjector
- 1 alcohol pad
- You will also need a puncture-resistant disposable container to throw away your used PEGASYS ProClick™ as soon as you finish your injection

Please see full Prescribing Information and patient Medication Guide for Important Safety Information.

## Important information to know before you inject the PEGASYS ProClick™:

- Use your autoinjector exactly as your healthcare provider tells you
- **Never reuse the same autoinjector**
- Your healthcare provider should show you or your caregiver how to use your autoinjector correctly before you use it the first time
- **Do not** try to open the autoinjector or take it apart
- **Do not** use your autoinjector to inject through clothing covering your skin
- **Do not** use your autoinjector if it looks damaged
- **Do not** shake your autoinjector. If shaken, PEGASYS may not work properly
- **Do not** remove the blue cap until you are ready to inject
- **Do not** move or handle the red needle shield before, during, or after use. This is a safety device

# PHASE 1: PREPARING FOR YOUR INJECTION

## PEGASYS ProClick™ Autoinjector parts (see Figure A)

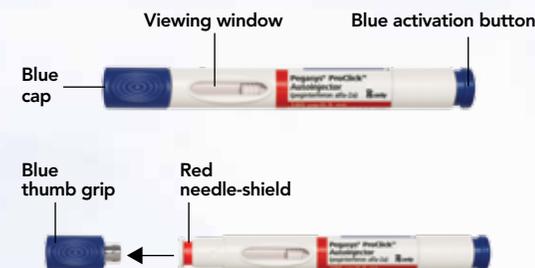


Figure A

## Step 1. Prepare a dose of PEGASYS with your PEGASYS ProClick™ Autoinjector

- Find a well-lit, clean, flat surface, such as a table
- **Look at your autoinjector:**
  - Take the carton containing your autoinjector out of the refrigerator, and take your autoinjector out of the carton. **Keep the blue cap on your autoinjector until Step 3.** Allow the autoinjector to come to room temperature for about 20 minutes to warm up. Do not warm up the autoinjector in any other way
  - **Check** the expiration date on the carton and the autoinjector to make sure that it has not passed (expired). Do not use the autoinjector if the expiration date has passed (see **Figure B**)



Figure B

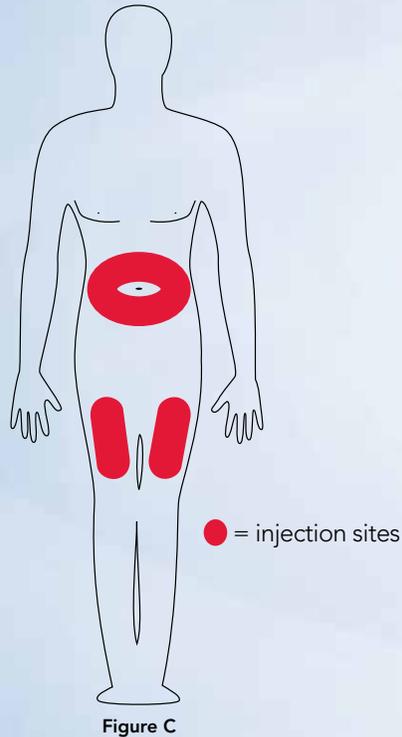
- **Look** at the autoinjector to make sure that it is not damaged in any way. Do not use the autoinjector if it looks damaged
- Then, **look** at the medicine inside of the autoinjector by looking through the viewing window. The medicine in the autoinjector should be clear and colorless to light yellow
- **Do not shake** the autoinjector. If there is foam in the medicine, put the autoinjector back in the refrigerator and use it at a later time
- **Do not use the autoinjector if the medicine in it:**
  - is cloudy
  - contains particlesUse a different autoinjector and contact your healthcare provider or pharmacist, or call Genentech at 1-877-436-3683 for assistance.
- Wash your hands with soap and water



## PHASE 2: INJECTING PEGASYS

### Step 2. Choose and prepare an injection site

- Choose an injection site on your stomach or thigh (see **Figure C**). Avoid the 2-inch area around your belly button (navel) and your waistline. Use a different place each time you give yourself an injection



- Clean the injection site using the alcohol pad (see **Figure D**). Let the skin dry for 10 seconds. Be sure not to touch the cleaned area before injecting



### Step 3. Remove blue cap from autoinjector

- Hold the autoinjector firmly with one hand, and pull off the blue cap with the other hand (see **Figure E**)

After the **blue** cap is removed, set it aside. The **blue** cap contains a loose-fitting metal tube. **Never re-attach the blue cap after it has been removed.**



## PHASE 2: INJECTING PEGASYS

### Step 4. Injecting PEGASYS

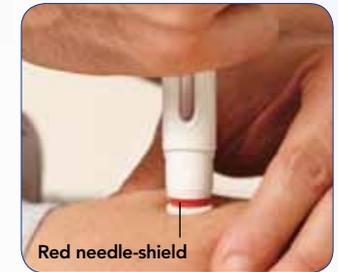
- Hold the autoinjector comfortably in your hand. Pinch and hold a fold of skin at the injection site with your other hand, so that the red needle-shield can rest on the skinfold firmly and safely (see **Figure F**)



- Place the autoinjector straight up and down on your skin at a right angle (90°) on the injection site (see **Figure G**)



- Do not press the blue activation button yet.** Press the autoinjector firmly against your skin until the red needle-shield is completely pushed in (see **Figures H & I**). The autoinjector is now unlocked and ready for injection



- Press the autoinjector firmly against your skin until the red needle-shield is completely pushed in



Please see full Prescribing Information and patient Medication Guide for Important Safety Information.

## PHASE 2: INJECTING PEGASYS

- While holding the autoinjector firmly in place, press the blue activation button with your thumb and **release the blue button right away** (see **Figures J & K**). **Make sure to take your thumb off the blue activation button, and do not press it again**

— You should hear a “click” sound, telling you that the injection has started

— The red indicator should move down in the viewing window during the injection (see **Figure K**)



Figure J

**Release blue activation button right away**

**Indicator is turning red**

- Continue to hold the autoinjector pressed firmly against your skin.

- **Slowly count to 10 to be sure that your injection is complete** (see **Figure L**)

— You may hear a second “click” as the blue activation button pops back up

— The viewing window should now be completely red



Figure K



Figure L

Please see full Prescribing Information and patient Medication Guide for Important Safety Information.

- After you slowly count to 10, lift the autoinjector straight up (90° angle) from your skin. The red needle-shield will automatically move out and lock to prevent needle-stick injuries (see **Figure M**)



Figure M

**If the viewing window is not completely filled by the red indicator**

- The red needle-shield may not have locked
  - Do not touch the tip of the autoinjector, because a needle-stick injury may happen
- You may not have received your full dose of PEGASYS
  - **Do not** try to reuse the autoinjector
  - **Do not** repeat the injection with another autoinjector
  - **Call your healthcare provider for instructions**

**If you see leakage around the injection site, you may not have received your full dose of PEGASYS.**

- **Do not** try to reuse the autoinjector
- **Do not** repeat the injection with another autoinjector
- **Call your healthcare provider for instructions**

## PHASE 3: CLEANING UP

### Step 5. After the injection

- Throw away your used autoinjector and blue cap right away, as described below in the section “How should I dispose of the used PEGASYS ProClick™ Autoinjector?” (see **Figure N**)
- Wipe the injection site with the alcohol pad (see **Figure O**)



Figure N



Figure O

- **Wash your hands with soap and water**

### How should I dispose of the used PEGASYS ProClick™ Autoinjector?

- **Do not try to re-cap your autoinjector**
- Throw away used autoinjectors in a puncture-resistant container or “sharps” container. Ask your healthcare provider or pharmacist for information about where you can get a sharps container (or other types of puncture-resistant containers you can use to safely dispose of your used autoinjectors) if you do not have one
- Check with your healthcare provider for instructions about the right way to throw away used autoinjectors. There may be local or state laws about how to throw away used autoinjectors
- Do not throw away used autoinjectors or the puncture-resistant container in household trash, and do not recycle them
- Dispose of the full container as instructed by your healthcare provider or pharmacist

Please see full Prescribing Information and patient Medication Guide for Important Safety Information.

- Always keep the puncture-resistant container out of the reach of children

### How should I store the PEGASYS ProClick™ Autoinjector?

- Store PEGASYS in the refrigerator between 36°F to 46°F (2°C to 8°C). Do not leave PEGASYS out of the refrigerator for more than 24 hours
- Do not freeze or shake PEGASYS
- Protect PEGASYS from light

### Keep PEGASYS and all medicines out of the reach of children

If you have any concerns or questions about your PEGASYS ProClick™ Autoinjector, contact your healthcare provider or pharmacist, or call Genentech at 1-877-436-3683 for assistance.

### INDICATIONS

#### What is PEGASYS?

PEGASYS® (peginterferon alfa-2a) is a prescription medication that is:

- used alone or with COPEGUS® (ribavirin, USP) to treat adults and children 5 years and older who have chronic (lasting a long time) hepatitis C infection and certain types of liver problems, and have not taken alpha interferon
- used if you have chronic hepatitis C, you should not take PEGASYS by itself unless you are not able to take COPEGUS
- used to treat adults with chronic hepatitis B virus who show signs that the virus is damaging the liver

It is not known if PEGASYS is safe and will work in children under 5 years of age.



## IMPORTANT SAFETY INFORMATION

**PEGASYS, like other alpha interferons, may cause or worsen fatal or life-threatening problems (like mental, immune system, heart, liver, lung, intestinal and infections). Your doctor should monitor you during regular visits. If you show signs or symptoms of these conditions, your doctor may stop your medication. In many patients, but not all, these conditions get better after they stop taking PEGASYS (see the Medication Guide for more information and Warnings).**

**Ribavirin, including COPEGUS<sup>®</sup>, can cause birth defects and/or death to an unborn baby. Female patients and the female partners of male patients should avoid getting pregnant. Ribavirin is known to cause anemia (low red blood cells), which can make heart disease worse (see the COPEGUS Medication Guide for more information and Warnings).**

**What is the most important information I should know about PEGASYS?**

- **COPEGUS in combination with PEGASYS may cause birth defects or death of your unborn baby.**
- PEGASYS therapy may cause you to develop mood or behavioral problems.
- Some people who take PEGASYS alone or in combination with COPEGUS may get heart problems.
- Stroke or symptoms of a stroke.
- Some people taking PEGASYS develop new or worsening autoimmune problems.
- Some people who take PEGASYS may get an infection.

**PEGASYS alone or in combination with COPEGUS can cause serious side effects. Some of these side effects may cause death. Tell your healthcare provider right away if you have any of these symptoms while taking PEGASYS.**

Do not take PEGASYS if you:

- have certain other liver problems
- have certain types of hepatitis caused by your immune system attacking your liver (autoimmune hepatitis)
- have had a serious allergic reaction to another alpha interferon medicine or to any of the ingredients in PEGASYS.

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Do not take PEGASYS in combination with COPEGUS if you:

- are pregnant, or planning to get pregnant during treatment or during the 6 months after treatment
- are a male patient with a female sexual partner who is pregnant or plans to become pregnant at any time while you are being treated with COPEGUS or during the 6 months after your treatment has ended
- have certain blood disorders such as thalassemia major or sickle-cell anemia
- take didanosine (Videx<sup>®</sup> or Videx<sup>®</sup> EC)

Do not give PEGASYS to a baby under 1 year of age. PEGASYS contains benzyl alcohol.

Before taking PEGASYS, tell your healthcare provider about all your medical conditions or problems, and if you are pregnant or breastfeeding, or plan to become pregnant or breast feed during treatment with PEGASYS.

**Tell your healthcare provider about all the prescription and nonprescription medicines, vitamins and herbal supplements you take.**

PEGASYS can cause serious side effects including: **blood problems, thyroid problems, blood sugar problems, serious eye problems, serious liver problems, worsening of liver problems including liver failure and death, lung problems, inflammation of your pancreas, inflammation of your intestines, serious allergic reactions and skin reactions, effect on growth in children, and nerve problems.**

The most common, but less serious, side effects of PEGASYS include: flu-like symptoms, tiredness and weakness, stomach problems, loss of appetite, skin reactions, hair thinning, trouble sleeping.

**Tell your healthcare provider if you have any side effect that bothers you or that does not go away.**

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